

Cost of living support by borough

Barking and Dagenham	Type of support	Find out more online	Phone
Money and debt advice	Local Authority's money advice, debt advice and hardship fund portal.	https://www.lbbd.gov.uk/money-and-debt	
Debt advice	Drop in service at two local hubs offering specialist debt advice.	https://www.lbbd.gov.uk/money-and-debt/homes-and-money-hubs	020 8227 2115 020 8227 2927
Hardship payment schemes	The Household Support fund has now been extended for the period October 2022 – March 2023 and remains open for new applications.	https://www.lbbd.gov.uk/benefits-and-support/discretionary-hardship-support/hardship-payment-schemes	020 8215 3000
Individual Assistance Payment (IAP)	Individual Assistance.	https://www.lbbd.gov.uk/form/apply-for-individual-assistance-#6a9cb26e	020 8215 3000
Council Tax rebate	Council Tax rebate.	https://www.lbbd.gov.uk/council-tax/council-tax-rebate	0808 808 4000
Citizens Advice	Citizens Advice – Barking and Dagenham.	https://bdcab.org.uk/	0808 278 7870
Camden	Type of support	Find out more online	Phone
Cost of living crisis fund	Cost of living support/Benefits and support/Save energy and keep warm.	https://www.camden.gov.uk/financial-support-for-residents1	020 7974 4444
Government support	Benefits and support/Benefits calculator/Housing benefit/Benefit changes that might affect you/Universal Credit/Free school meals.	https://www.camden.gov.uk/benefits-support-available	020 7974 4444
Camden assistance from local welfare grants	Emergency grants in Camden.	https://www.billhelp.uk/camden-assistance-local-welfare-grants/	
Camden council tax rebate	Energy rebate schemes - Camden Council.	https://www.camden.gov.uk/council-tax-energy-rebate	020 7974 4444
Cost of living crisis fund	Cost of Living Crisis Fund Payment.	https://www.camden.gov.uk/financial-support-for-residents1	020 7974 4444
Citizens Advice	Citizens Advice – Camden.	https://www.camdencabservice.org.uk	0808 278 7835
Camden WISH plus services	Warmth, income, safety and health services (WISH).	https://www.camden.gov.uk/wish-plus	

Enfield	Type of support	Find out more online	Phone
Enfield grants from Emergency Support Scheme	Assistance from Enfield Council.	https://www.billhelp.uk/enfield-grants-emergency-support-scheme/	020 8375 4170
Enfield Council	Benefits and money advice.	https://www.enfield.gov.uk/services/benefits-and-money-advice	020 8379 1000
Turn2Us	The Old Enfield Charitable Trust.	https://grants-search.turn2us.org.uk/grant/the-old-enfield-charitable-trust-15253	
Enfield debt centre	Crisis support.	https://www.sentlondon.co.uk/enfield-debt-centre	020 8363 1324
Enfield council tax rebate	Council Tax energy rebate.	https://www.enfield.gov.uk/services/council-tax/council-tax-rebate	020 8379 1000
Citizens Advice	Citizens Advice – Enfield.	https://www.citizensadviceenfield.org.uk/	0808 278 7837
Hackney	Type of support	Find out more online	Phone
Hackney Council	Get help through Hackney Money Hub.	https://hackney.gov.uk/hackney-money-hub	020 8356 3111
Community grants	Partnerships for People and Place Grants Programme.	https://hackney.gov.uk/community-grants	020 8356 4066
Hackney Money Smart Project	Free group workshops.	https://eastendcab.org.uk/hackney-money-smart/	020 3855 4472
Haringey	Type of support	Find out more online	Phone
Haringey Council	Haringey, Here to Help.	https://www.haringey.gov.uk/community/here-help-financial-support-residents	0800 138 1111
Haringey Council	Household Support Fund.	https://www.haringey.gov.uk/community/here-help-financial-support/help-money-and-debt/household-support-fund	0800 138 1111
Help with money and debt	Services for Residents.	https://www.haringey.gov.uk/help-money-and-debt	0800 138 1111
Haringey council tax rebate	Council Tax Energy Rebate.	https://www.haringey.gov.uk/council-tax-and-benefits/council-tax/help-paying-council-tax/council-tax-energy-rebate	

Islington	Type of support	Find out more online	Phone
Resident Support Scheme – Islington Council	Cost of living support.	https://www.islington.gov.uk/advise/resident-support-scheme	0207 527 4990
The Resident Support Scheme	Islington Carers Hub/Age UK.	https://islingtoncarershub.org/the-resident-support-scheme/	0800 085 1141
Money and debt advice	Cost of living support.	https://www.islington.gov.uk/advise/money-and-debt-advice	020 7527 1900
Islington council tax rebate	Council Tax Energy Rebate (CTER).	https://www.islington.gov.uk/council-tax/council-tax-energy-rebate	020 7527 1900
Citizens Advice	Citizens Advice.– Islington	https://islingtoncab.org/contact-us	0808 278 7836
Tower Hamlets	Type of support	Find out more online	Phone
Residents' Support Scheme	A-Z of services.	https://www.towerhamlets.gov.uk/lgnl/advise_and_benefits/Residents_Support_Scheme.aspx	020 7520 7217
Tower Hamlets Family Services Directory	Family Fund.	https://www.localoffertowerhamlets.co.uk/organisations/28022-family-fund	01904 550055
Grants	A-Z of services.	https://www.towerhamlets.gov.uk/lgnl/housing/grants/grants.a.spx	020 7364 5000
Tower Hamlets Crisis and Support Grants help with bills	Types of bills paid by Tower Hamlets Crisis and Support Grants.	https://www.billhelp.uk/tower-hamlets-crisis-and-support-grants-help-with-bills/	020 7364 5001
Debt and money advice	National helplines and websites.	https://www.towerhamlets.gov.uk/lgnl/advise_and_benefits/money_matters/debt_and_money_advice.aspx	0808 808 4000
Tower Hamlets Community Advice Network	Benefits Advice.	https://thcan.org.uk/benefits-advice/	020 7987 9379
Citizens Advice – East End	Citizens Advice – Tower Hamlets.	https://eastendcab.org.uk/tower-hamlets/	020 3855 4472

Waltham Forest	Type of support	Find out more online	Phone
Local Welfare Assistance – Household Support Fund	(LWA)	https://www.walthamforest.gov.uk/benefits-and-money-advice/help-and-advice/local-welfare-assistance-household-support-fund-lwa	020 8496 3000
Funds and grants	Money matters.	https://www.walthamforest.gov.uk/schools-education-and-learning/special-educational-needs-and-disability-send/money-matters/funds	020 8496 3000
Grants	Community ward funding/Education trust funds.	https://www.walthamforest.gov.uk/neighbourhoods/grants	020 8496 3000
Waltham Forest council tax rebate	Energy bills and council tax rebate.	https://www.walthamforest.gov.uk/benefits-and-money-advice/help-and-advice/energy-bills-and-council-tax-rebate	020 8496 3000