

PERSONAL SAFETY COURSE

(Including Self-Defence)

A 6 week course for women and girls!



WHEN:

**Every Monday
10.00am – 12.00pm
From 16th Jan to 27th Feb 2023
(not including half-term 13th Feb)**

WHERE:

**Ferry Lane Primary School
Jarrow Road
Haringey N17 9PP**

COST: FREE

A £10.00 deposit is required to secure your place, which will be returned at the end of the course.

Terms & Conditions Apply.

To book your place or for more information, please contact Sev by emailing: info@sevnecatitraining.com

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HOME COOKED

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