

PERSONAL SAFETY COURSE

(Including Self-Defence)

A 6 week course for women and girls

**(to apply you must live in
Tottenham Hale N17)**



WHEN:

Every Friday

10.00am – 12.00pm

From 14th Oct to 25th Nov 2022

(not including half-term 28th Oct)

WHERE:

Ferry Lane Primary School

Jarrow Road

Haringey N17 9PP

COST: FREE

**A £10.00 deposit is required to secure
your place, which will be returned at the
end of the course.**

Terms & Conditions Apply.

**To book your place or for more information, please
contact Sev by emailing: info@sevnecatitraining.com**

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HOME COOKED

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